

The Psychology Externship

Introduction

The Jewish Theological Seminary (JTS) Student Counseling Center Externship provides an opportunity to experience and learn about the growing discipline of university mental health while providing psychotherapy to students in a supportive training environment. The externship is exclusively focused on the outpatient assessment and treatment of college and graduate students. Other activities will include, but not be limited to: individual supervision with **licensed** staff psychologists, case conferences and didactic seminars, and mental health outreach and prevention workshops.

Clinical Responsibilities

The extern will spend the majority of their time engaged in direct clinical work. This will include conducting initial diagnostic evaluations and ongoing weekly psychotherapy sessions. Through the externship, externs develop skills in diagnosing and treating the mental health issues of a diverse college-based population. Externs will develop a caseload of 6-8 students per week and will receive on-site supervision. **Externs wishing to see more than 6-8 cases are usually easily accommodated.** Trainees also participate in walk-in hours where the extern will conduct brief evaluations and crisis intervention.

Psychodynamic Focus

The JTS Counseling Center Psychology Externship provides an opportunity to develop and hone skills in contemporary supportive psychodynamic psychotherapy in the college setting. Weekly psychodynamic supervision, case conferences, and readings discussed in didactic seminars will enhance this learning.

Our Students

The opportunity to work with students engaged in a religious and spiritual journey provides unique learning possibilities to our externs. Many of our students are enrolled in joint programs with either Columbia University or Barnard College. Of equal importance, their learning takes place at The Jewish Theological Seminary where students are training for careers in Jewish education and/or religious leadership positions. While

within a Jewish context, our student population is diverse in age, socioeconomic, and Jewish-cultural backgrounds, sexual orientation, and gender identification.

The University

The Jewish Theological Seminary (JTS) is the academic and spiritual center of Conservative Judaism worldwide, encompassing a world-class library and five schools, including the Albert A. List College of Jewish Studies, The Kekst Graduate School, William Davidson Graduate School of Jewish Education, The Rabbinical School, and the H. L. Miller Cantorial School and College of Jewish Music. JTS trains tomorrow's religious, educational, academic, and lay leaders for the Jewish community and beyond.

To Apply

Please submit a cover letter, CV, and two letters of recommendation to counseling@jtsa.edu with a copy to dadavar@jtsa.edu.